

Blow Soccer

What you need: two players, two drinking straws and a ping pong ball.

Using a flat surface (the kitchen table is perfect), use some small household items to mark out two 'goalposts', one at either end of the table. If you want to, you could tack down two pieces of paper to indicate the goal area. Players then choose which end of the table is theirs.

Starting with the ping pong ball right in the very centre of the table, players take it in turns to blow through their straws and move the ping pong ball into their opponent's goal. No hands allowed! The aim is to defend your own goal while simultaneously trying to score a goal yourself. Once somebody gets a goal you need to start with the ball in the centre again. You may wish to set a time limit on each game (the winner is the one at the end of the set time with the most goals), or make the first person to score five goals (for example) the winner.