

CALL THE BALL

You'll need: a ball that bounces well, a high wall (preferably brick or concrete) with a paved area to play on, several players.

Ideal for groups of 6–10 children, this game helps improve co-ordination, catching skill and concentration. Give each child a number. The first child throws the ball up against the wall, calling out the number of one of the other kids. The person whose number has been called must run forward and catch the ball as it bounces off against the wall. If they do this successfully, they are the next caller. If they miss the ball, the first child throws and calls again.