



# Mmmmmmm - Hokey Pokey

## You need:

- 5 tablespoons of sugar
- 2 tablespoons of golden syrup
- 1 teaspoon of baking powder

**What to do:** place the golden syrup and sugar into a saucepan. Heat gently, stirring constantly until the sugar dissolves. Increase the heat and bring the mixture to the boil. Boil for 2 minutes. To prevent burning, stir every now and then. Remove from the heat and add the baking soda. Stir quickly until the mixture froths up. Pour into a buttered tin immediately and leave until cold and hard. Break into pieces. Eat and enjoy.

Home-made hokey pokey is a great, affordable gift to present to a loved one or friend. Wrap in a paper bag tied up with ribbon, or present wrapped in tissue paper inside a box.

