

Grandparent Memoirs

Children often share a special bond with their grandparent/s or older people in their lives. Encourage this and an interest in history by creating a book or poster that represents grandma/grandpa's childhood.



Encourage your children and parents (or older caregivers) to talk about what life was like when they were young next time they see each other.

Some suggestions as starting points could be; their favourite toys, their favourite activities, what they did as a family, places they visited, what their house was like (particularly in comparison to today), games they played with their brothers and sisters, differences between that life and the life they live now, differences in technology and transport, differences in communication... Your children will be fascinated by their stories.

Get your children to draw pictures depicting what their grandparents have told them. You may wish to create something along the lines of a scrapbook, maybe even featuring copies of old photographs that grandparents may still have. The book could be a comparison between then and now and include recent photos of your children and pictures showing what their lives are like too. If the book is made well, it may even become a family heirloom of sorts, or, if the book sounds too difficult and time consuming, create a single sided poster instead. Happy listening!