

Make Your Own PLAYDOUGH

It's so easy! Playdough is a classic creative children's toy that the whole family can enjoy.

You'll need:

2 cups flour 2 cups warm water
1 cup salt 2 Tablespoons vegetable oil
1 Tablespoon cream of tartar
(*optional for improved elasticity*)

Food coloring (liquid, powder, or unflavoured drink mix)
Scented oils (*optional*)

1. Mix all of the ingredients together in a saucepan, and stir over a **low** heat. The dough will begin to thicken and will start looking a little bit like mashed potatoes!
2. When the dough pulls away from the sides and clumps in the centre of the saucepan, remove the pan from the heat and allow the dough to cool.

IMPORTANT NOTE: *if your playdough is still sticky, you simply need to cook it for longer! Keep stirring and cooking until the dough is dry and feels like playdough should.*

3. Knead and Colour

Turn the dough out onto a clean surface, and knead vigorously until it becomes silky-smooth. Divide the dough into balls for colouring.



4. Make a small well in the centre of the ball, and drop some food colouring into it. Fold the dough over, working the food colour through the body of the playdough, trying to keep the raw dye away from your hands and the surface you are working on. You could use gloves or plastic wrap at this stage to keep your hands clean—only the concentrated dye will colour your skin, so as soon as it's worked in bare hands are fine. Work the dye through, adding more as necessary to achieve the colour you desire. (If you use unsweetened drink mix for colour, test on a small ball of dough first—it won't go as far as the "real" food colouring).

5. Play and Store

Play with your playdough. The world is your oyster! You can create anything your mind can conceive. When you're done store your playdough in an air-tight container. If it begins to dry out, you can knead a bit of water in again to soften the dough back to useability. Once it's dried past a certain point, however, you'll need to make a fresh batch. Good job it's so easy, huh? Enjoy.

Note: *This playdough recipe is entirely edible, if a little bit salty, so it's 100% kid-safe.*